1. Open a blank excel file
2. Click on File > Import

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1. A screenshot of a computer

   Description automatically generatedSelect Text File
2. Select Text file > Get Data

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1. Click Next

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1. A screenshot of a computer

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2. \*\*Select the Overlap column (highlighted black once selected). Select text, then finish

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1. A screenshot of a computer

   Description automatically generatedClick Import

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Description automatically generated**Final Result!**