

INSTRUCTIONS FOR SALIVA COLLECTION FOR PARTICIPANTS

This protocol has been adapted from the instructions provided by the manufacturer's DNA Genotek (available at <https://www.dnagenotek.com/us/support/collection-instructions/omnigene-oral/OM-501.html>).

Do NOT eat, drink, smoke or chew gum for 30 minutes before giving your sample.
Do NOT remove the plastic film from the tunnel lid.

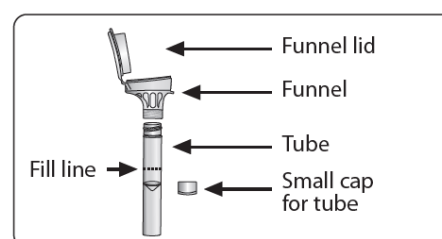
The saliva collection packet includes:

- a) a plastic BIOHAZARD bag
- b) a box of OMNIgene•ORAL | OM-501 sample collection kit for collection of microbial DNA



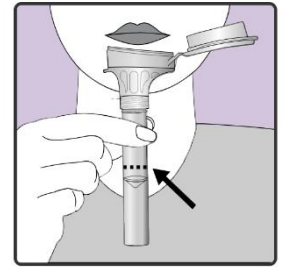
Step-by-Step Instructions

- a) Read these instructions in their entirety at least once before you start.
- b) Take the OMNIgene•ORAL | OM-501 collection kit from the box. As shown in the figure on the right, the kit is composed of a tube, a funnel and a funnel lid. Inside the box, there is a small cap for the tube – do not discard it.



- c) Most people take between 2 and 5 minutes to deliver a sample following steps 1 to 5 shown in the figure below. Please follow these steps to collect the sample.

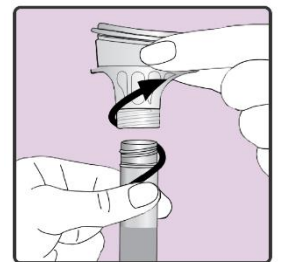
- 1) Spit into funnel until the amount of liquid (not bubbles) reaches the fill line shown in the Figure on the right.



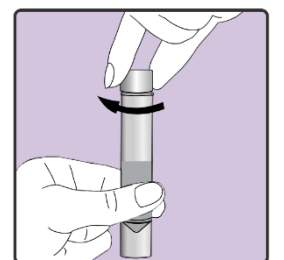
- 2) Hold the tube upright with one hand. Close the funnel lid with the other hand (as shown) by firmly pushing the lid until you hear a loud click. The liquid in the lid will be released into the tube to mix with the sample. Make sure that the lid is closed tightly.



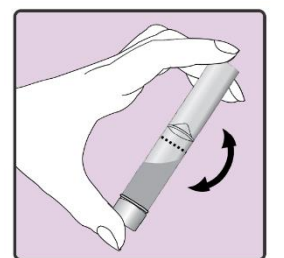
- 3) Hold the tube upright. Unscrew the funnel from the tube.



- 4) Use the small cap to close the tube tightly.



- 5) Shake the capped tube for 5 seconds. Discard the funnel.



- d) Put the tube containing the saliva sample back in the plastic BIOHAZARD Bag and seal it shut.
- e) Please return the plastic BIOHAZARD Bag to a member of the clinical staff.

You have now completed the saliva collection.

DONE! Thank you.