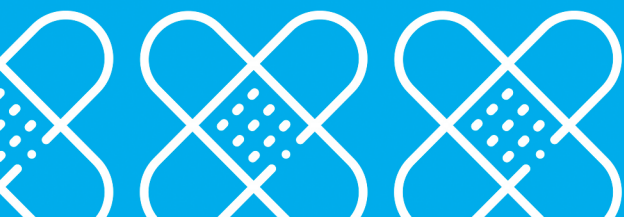


You will be submitted to
**Total Knee Arthroplasty
Surgery (knee Prothesis)**

After your discharge, it will
be very important to take
care of the wound.

**Read these
instructions
carefully!**



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ORTHOPEDICS

TOTAL KNEE ARTHROPLASTY

OPERATIVE WOUND CARE



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1.

Arthroplasty Surgery requires a **surgical approach** that will leave a scar on the anterior region of the knee.



2.

The main care for the wound involves daily dressing and for this you will need **lint, 70% alcohol, 10cm bandage and adhesive tape**.



3.

How to do:

- Wash your hands well;
- Remove the previous dressing;
- Clean the fair with lint soaked in alcohol, three times in a single direction;
- Clean around the wound;
- Cover with dry lint and bandage;
- Wash the hands.

4.

You can only get wet in the bath **when there is no more bleeding** from the wound;

5.

Do not **bathe in a pool, waterfall or beach**;

6.

Avoid contact **with pets**;

7.

Watch for **infection signs**: heat, pain, wound secretion or redness;

8.

In case of doubts or warning signs, contact our service at **HUPE** (Hospital Universitário Pedro Ernesto):

(21) 2868-8081



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