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## Supplementary information

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# Tutorial: using nanoneedles for intracellular delivery

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**Supplementary Table 1:** Summary of cargoes nanoinjected into biological systems in literature

| Type of cargo | Biological system   |   | Nanoneedle device – geometry  | Interfacing method   | Delivery efficiency                            | Functionality    | Ref.  |     |
|---------------|---------------------|---|---|--|--|------------------|---|-----|
| Nucleic acids | siRNA               | Stem cells  | hMSC  | Porous nanocones – Tip diameter: 50 nm, Base diameter: 600 nm, Height: 5 µm, Pitch: 2 µm | Spontaneous membrane disruption                | 38%              | GAPDH-siRNA knockdown (43%)                   | 108 |
|               |                     | Primary immune cells  | Naïve primary mouse T cells (T <sub>H</sub> 17)                                     | Solid nanowires – Diameter: < 150 nm, Height: 2–3 µm, Density: 0.3–1 µm <sup>-2</sup>    | Spontaneous membrane disruption                | > 95 %           | efficient siRNA knockdown (> 40%) of 34 genes | 145 |
|               |                     | CD19 <sup>+</sup> , CD4 <sup>+</sup> , NK, BMDC, DC, macrophage |   | Solid nanowires – Diameter: < 150 nm, Height: 1–3 µm, Density: 0.15–1 µm <sup>-2</sup>   | Spontaneous membrane disruption                | Not quantified   | LEF1-siRNA knockdown (≥ 69%)                  | 135 |
|               |                     | Cell lines  | MCF-7   | Solid nanowires – Tip diameter: 100 nm, Base diameter: 700 nm, Height: 7 µm, Pitch: 4 µm | Assisted membrane disruption (electroporation) | 82%              | Cav3.1-siRNA knockdown (71%)                  | 143 |
|               |                     |   | GPE86   | Hollow nanotubes – Inner/outer diameter: 300/500 nm, Height: 1.5–2 µm, Pitch: 5 µm       | Assisted membrane disruption (centrifugation)  | Not quantified   | Triobp-siRNA knockdown                        | 13  |
|               |                     |   | HeLa  | Porous nanocones – Tip diameter: 50 nm, Base diameter: 600 nm, Height: 5 µm, Pitch: 2 µm | Spontaneous membrane disruption                | > 90%            | GAPDH-siRNA knockdown (80%)                   | 26  |
|               |                     |   | HeLa, PC3, MDA-MB-231, MCF-7, T47D, HepG2   | Hollow nanostraws (nanosyringes) – Inner diameter: 45 nm, Height: 100–120 nm             | Assisted membrane disruption (centrifugation)  | Not quantified   | VEGF-siRNA knockdown (40–60%)                 | 122 |
|               | mRNA (GFP, mCherry) | Neural cells  | Rat hippocampal neurons   | Solid nanowires – Diameter: 100–200 nm, Height: 3 µm                                     | Spontaneous membrane disruption                | Not quantified   | Nav1.X channel-siRNA knockdown                | 14  |
|               |                     | Stem cells  | hiPSC-CMs   | Hollow nanostraws – Diameter: 150 nm, Height: 1.5–3 µm, Density: 1 µm <sup>-2</sup>      | Assisted membrane disruption                   | 80%              | —   | 12  |
|               |                     |   | HSCs  |  | (electroporation)                              | 60%              | —   |     |
|               |                     | Cell lines  | HEK293  |  |  | 75–90%           | —   | 13  |
|               |                     |   | GPE86   | Hollow nanotubes – Inner/outer diameter: 300/500 nm, Height: 1.5–2 µm, Pitch: 5 µm       | Assisted membrane disruption (centrifugation)  | 57.3±2.8%        | —   |     |
| ssDNA-FAM     | Neural cells        | Mouse primary glia cells  | Hollow nanostraws – Diameter: 150 nm, Height: 1.5–3 µm, Density: 1 µm <sup>-2</sup> | Assisted membrane disruption   | 65%  | —                | 12  |     |
|               |                     | Mouse primary neurons   |   | (electroporation)  | 60%  | —                |   |     |
|               | Cell lines          | GPE86   | Hollow nanotubes – Inner/outer diameter: 300/500 nm, Height: 1.5–2 µm, Pitch: 5 µm  | Assisted membrane disruption (centrifugation)  | 78%  | —                | 13  |     |
|               | dsDNA90             | Cell lines  | A549  | Solid nanowires – Diameter: 300 nm, Height: 5 µm   | Not quantified                                 | STING activation | 16  |     |
|               | Neural cells        | Primary hippocampal neurons                                     |   |  |  |                  |   |     |

| Type of cargo | Biological system |                      | Nanoneedle device – geometry                | Interfacing method   | Delivery efficiency                            | Functionality  | Ref.  |     |
|---------------|-------------------|----------------------|---|--|--|----------------|---|-----|
| Nucleic acids | pGFP, pRFP        | Stem cells           | hDPSCs                                      | Porous nanowires – Diameter: 400 nm, Height: 3.5 µm, Density: 1 µm <sup>-2</sup>             | Spontaneous membrane disruption                | 85%            | —   | 39  |
|               |                   | Primary immune cells | Naïve primary mouse T cells                 | Solid nanocones – Tip diameter: 100 nm, Height: 3.2 µm, Pitch: 3 µm                          | Assisted membrane disruption (centrifugation)  | 30%            | —   | 18  |
|               |                   |                      | Primary mouse lymphocytes                   | Hollow nanostraws/ nanosyringes – Inner diameter: 45 nm, Height: 100–120 nm                  |  | 46%            | —   | 122 |
|               |                   |                      |   | Porous nanowires – Diameter: 400 nm, Height: 3.5 µm, Density: 1 µm <sup>-2</sup>             | Spontaneous membrane disruption                | 86%            | —   | 39  |
|               |                   |                      | HEK293                                      | Hollow nanostraws – Diameter: 250 nm, Height: 1.5 µm, Density: 0.2 µm <sup>-2</sup>          | Assisted membrane disruption (electroporation) | 67%            | —   | 30  |
|               |                   |                      |   | Hollow nanostraws – Inner/outer diameter: 250/500 nm, Height: 5 µm, Pitch: 5 µm              | Assisted membrane permeation (saponin)         | Not quantified | —   | 28  |
|               |                   |                      | GPE86                                       | Solid nanocones – Tip diameter: 100 nm, Height: 3.2 µm, Pitch: 3 µm                          | Assisted membrane disruption (centrifugation)  | 22%            | —   |     |
|               |                   |                      | L1.2  | Solid nanocones – Tip diameter: 100 nm, Height: 3.2 µm, Pitch: 3 µm                          | Assisted membrane disruption (centrifugation)  | 25%            | —   | 18  |
|               |                   |                      | Jurkat                                      |  |  | 5%             | —   |     |
|               |                   | Cell lines           | HeLa  | Porous nanowires – Diameter: 400 nm, Height: 3.5 µm, Density: 1 µm <sup>-2</sup>             | Spontaneous membrane disruption                | 7%             | —   | 39  |
|               |                   |                      |   | Porous nanocones – Tip diameter: 50 nm, Base diameter: 600 nm, Height: 5 µm, Pitch: 2 µm     |  | > 90%          | —   | 26  |
|               |                   |                      | Spleen T lymphocytes (from mouse cell line) | Solid nanowires – Diameter: 100 nm, Height: 10 µm  | Assisted membrane disruption (optoporation)    | 80%            | —   | 100 |
|               |                   |                      | CHO   | Hollow nanostraws – Diameter: 250 nm, Height: 1.5 µm, Density: 0.2 µm <sup>-2</sup>          | Assisted membrane disruption (electroporation) | 81%            | —   | 30  |
|               |                   |                      | MCF-7                                       | Branched hollow nanostraws – Diameter: 250 nm, Height: 1.5 µm, Density: 2 µm <sup>-2</sup>   |  | 64.2%          | —   | 54  |
|               | hVEGF165          | Neural cells         | Primary hippocampal neurons                 | Solid nanowires – Diameter: 326±110 nm, Height: 4.55±0.68 µm, Density: 0.07 µm <sup>-2</sup> | Assisted membrane disruption (centrifugation)  | 45%            | —   | 15  |
|               |                   |                      | Rat neural progenitor cells                 | Solid nanowires – Diameter: 100–200 nm, Height: 3 µm   | Spontaneous membrane disruption                | > 95%          | —   | 14  |
|               | Tissues           | Murine muscle        |   | Porous nanocones – Tip diameter: 50 nm, Base diameter: 600 nm, Height: 5 µm, Pitch: 2 µm     | Mechanically assisted (thumb pressure)         | Not quantified | pVEGF-induced neovascularisation and 6-fold increase in blood perfusion | 26  |

| Type of cargo             | Biological system                      |                             | Nanoneedle device – geometry   | Interfacing method                             | Delivery efficiency         | Functionality   | Ref. |
|---------------------------|--|-----------------------------|--|--|-----------------------------|---|------|
| Proteins                  | GFP, RFP                               | T47D                        | Hollow nanostraws/ nanosyringes – Inner diameter: 45 nm, Height: 100–120 nm                  | Assisted membrane disruption (centrifugation)  | 70.3% (GFP)                 | —   | 122  |
|                           | Caspase-3                              | HepG2                       |  |  | 79.9% (RFP)                 | —   |      |
|                           | Cytosolic fragment of STIM1            | Raji B cells                |  |  | Not quantified              | Caspase-3-induced apoptosis (36.9% in 12h)                    |      |
| Peptides                  | Fluorescently tagged antibodies        | Cell lines                  | Hollow nanostraws – Diameter: 150 nm, Height: 1.5–3 µm, Density: 1 µm <sup>-2</sup>          | Assisted membrane disruption (electroporation) | Not quantified              | Binding and colocalisation of STIM1 with Orai calcium channel | 12   |
|                           | Ac-DEVD-CHO (inhibitor of caspase 3/7) | HEK293                      |  |  | > 80% (IgG-AF647-/AF488)    | —   | 13   |
|                           | Primary hippocampal neurons            | Neural cells                | Solid nanowires – Diameter: 326±110 nm, Height: 4.55±0.68 µm, Density: 0.07 µm <sup>-2</sup> | Assisted membrane disruption (centrifugation)  | 35.5±4.4% (IgG-AF647)       | —   | 15   |
| CRISPR gene editing tools | Cas9 RNP                               | Cell lines                  |  |  | Not quantified              | Successful apoptosis inhibition                               | 14   |
|                           | Ac-DEVD-CHO (inhibitor of caspase 3/7) | HeLa                        | Solid nanowires – Diameter: 100–200 nm, Height: 3 µm   | Spontaneous membrane disruption                | Not quantified              | Successful apoptosis inhibition                               | 14   |
|                           | Cas9 RNP                               | GPE86                       | Hollow nanotubes – Inner/outer diameter: 300/500 nm, Height: 1.5–2 µm, Pitch: 5 µm           | Assisted membrane disruption (centrifugation)  | 14.7%                       | 6% cleavage efficiency of targeted Hprt gene                  | 13   |
| Nanoparticles             | QDS, Polystyrene NPs                   | Cell lines                  | Hollow nanostraws – Diameter: 150 nm, Height: 1.5–3 µm, Density: 1 µm <sup>-2</sup>          | Assisted membrane disruption (electroporation) | > 90%                       | 33% induced knockout of PPIB targeted gene                    | 12   |
|                           | QDS, Polystyrene NPs                   | HeLa                        |  |  | Not quantified              | —   | 136  |
|                           | QDS, Polystyrene NPs                   | Neural cells                | Porous nanocones – Tip diameter: 50 nm, Base diameter: 600 nm, Height: 5 µm, Pitch: 2 µm     | Spontaneous membrane disruption                | > 60% (QDs)                 | —   | 136  |
|                           | QDS, Polystyrene NPs                   | Primary hippocampal neurons |  |  | 14.8±2.9% (Polystyrene NPs) | —   | 15   |
| Nanoparticles             | QDS, Polystyrene NPs                   | Tissues                     | Murine muscle, skin and ear  | Mechanically assisted (thumb pressure)         | Not quantified              | —   | 136  |

| Type of cargo         | Biological system                             |              | Nanoneedle device – geometry | Interfacing method  | Delivery efficiency                            | Functionality        | Ref. |     |
|-----------------------|---|--------------|------------------------------|---|--|----------------------|------|-----|
| Other molecules       | Fluorescent dyes (PI, EthD-1, calcein green)  | Cell lines   | HeLa                         | Hollow nanostraws – Diameter: 400 nm, Height: 1.5 $\mu$ m, Density: 1 $\mu\text{m}^{-2}$                        | Assisted membrane disruption (electroporation) | 82.9 $\pm$ 3.3% (PI) | —    | 34  |
|                       |   |              |                              | Solid nanocones (nanopyramids) – Base diameter: 2.4 $\mu$ m, Height: 1.4 $\mu$ m, Pitch: 1.2 $\mu$ m            | Assisted membrane disruption (optoporation)    | 95% (calcein green)  | —    | 141 |
|                       |   |              | MCF-7                        | Solid nanowires – Tip diameter: 100 nm, Base diameter: 700 nm, Height: 7 $\mu$ m, Pitch: 4 $\mu$ m              | Assisted membrane disruption (electroporation) | 85% (PI)             | —    | 143 |
|                       |   |              |                              | Branched hollow nanostraws – Diameter: 250 nm, Height: 1.5 $\mu$ m, Density: 2 $\mu\text{m}^{-2}$               |  | 83.8% (PI)           | —    | 54  |
|                       |   |              | CHO                          | Hollow nanostraws – Diameter: 250 nm, Height: 1.5 $\mu$ m, Density: 0.2 $\mu\text{m}^{-2}$                      | Assisted membrane disruption (electroporation) | > 95% (PI)           | —    | 30  |
|                       |   |              | NIH 3T3                      | Hollow nanotubes – Inner/outer diameter: 90/180 nm, Height: 1.1 $\mu$ m, Pitch: 1.5 $\mu$ m                     | Assisted membrane disruption (optoporation)    | $\geq$ 95% (PI)      | —    | 164 |
|                       |   | Neural cells | NIH 3T3                      | Solid nanowires – Diameter: 326 $\pm$ 110 nm, Height: 4.55 $\pm$ 0.68 $\mu$ m, Density: 0.07 $\mu\text{m}^{-2}$ | Assisted membrane disruption (centrifugation)  | 80% (EthD-1)         | —    | 15  |
|                       |   |              | Tissues                      | Murine skin, ear, muscle  |  |                      | —    | 26  |
|                       | Dextrans (fluorescently tagged; various M.W.) | Cell lines   | Stem cells                   | rBMSCs  | Assisted membrane disruption (electroporation) | 51% (70 kDa)         | —    | 143 |
|                       |   |              | MCF-7                        | Solid nanowires – Tip diameter: 100 nm, Base diameter: 700 nm, Height: 7 $\mu$ m, Pitch: 4 $\mu$ m              |  | 86% (10k Da)         |      |     |
|                       |   |              | HeLa                         |   |  | 49% (70 kDa)         |      |     |
|                       |   |              | HeLa                         | Solid nanocones (nanopyramids) – Base diameter: 2.4 $\mu$ m, Height: 1.4 $\mu$ m, Pitch: 1.2 $\mu$ m            |  | 63% (70 kDa)         |      |     |
|                       |   | Tissues      | HEK293                       | Hollow nanostraws – Inner/outer diameter: 250/500 nm, Height: 5 $\mu$ m, Pitch: 5 $\mu$ m                       | Assisted membrane permeability (saponin)       | 73.9% (150 kDa)      | —    | 141 |
|                       |   |              | Murine skin                  | Solid nanowires – Tip diameter: 100 nm, Base diameter: 700 nm, Height: 7 $\mu$ m, Pitch: 4 $\mu$ m              | Assisted membrane disruption (electroporation) | 24% (150 kDa)        |      |     |
|                       |   |              | CHO                          | Hollow nanostraws – Diameter: 100 nm, Height: 1-2 $\mu$ m, Density: 1 $\mu\text{m}^{-2}$                        | Spontaneous membrane disruption                | 16% (200 kDa)        |      |     |
| Co <sup>2+</sup> ions |   | Cell lines   |                              |   | Not quantified                                 | —                    | 143  | 28  |